



Healthcare Protocol @ Reflexology Body Balance

Therapeutic Reflexologist – Registered AHPCSA: A12069

Your health and safety remain a top priority and as such a Healthcare Protocol continues to be implemented to safeguard patients and the practitioner at Reflexology Body Balance.

Kindly familiarise yourself with the current protocol which must be adhered to.

1. Each patient will be screened the day before their appointment. This is to ascertain whether they have recently experienced any of the following symptoms (even if they are related to an existing health condition or to season flu): headache, sore throat, runny nose, aches and pains, fever, dry cough, shortness of breath, fatigue, nausea, diarrhoea.
2. **NO** patient may be accompanied into the treatment room unless they are a minor, are physically/mentally disabled or there is a language barrier.
3. Patients are to wait in their car until they are fetched.
4. All patient's hands will be sanitized before entering the premises.
5. At the first appointment patients will be asked to sign a consent form as acknowledgement of the risks associated with potential exposure to seasonal flu.
6. The wearing of a facemask is at the discretion of each patient and the practitioner.
7. Standard hygiene protocols remain in place in the treatment room.
8. These antiviral, antiseptic, antimicrobial essential oils may be used in the ultrasonic humidifier in the treatment room; Peppermint, Eucalyptus, Tea Tree, Bergamot, May Chang, Lemongrass, Melissa.
9. Using the toilet is not encouraged however, should this be necessary then the use of anti-bacterial soap and individual hand towels is essential.